

Landmark Medical Journal publication for Irish fertility treatment

A Galway fertility clinic is the first in the world to successfully publish a paper on NaProTechnology, an exciting new fertility treatment that has been developed in the USA.

NaProTechnology (NPT) treatment has been available in Ireland for the last 10 years. It is a system of treatment that can solve the problem of infertility and miscarriage for many couples, allowing them to conceive through natural intercourse once the underlying cause is identified and treated. A textbook “The Medical and Surgical Practice of NaProTechnology” was published in 2004 containing numerous studies (see www.naprotechnology.com). However, this paper is the first publication of outcomes of treatment published in a peer reviewed medical journal.

The paper, entitled “Outcomes from Treatment of Infertility with Natural Procreative Technology (NPT) in an Irish General Practice,” is the lead article for original research in the Journal of the American Board of Family Medicine. The article will be available on line at www.jabfm.org from **4th Sept 2008**.

The study looks at the outcomes of treatment from over 1,000 couples who attempted treatment for the first 4 years of practice from 1998 until 2002. The study population was a difficult one as over 30% of couples had previous failed attempts at IVF, and the average female age was over 35 years of age. Despite this over 25% of all couples had successful pregnancies resulting in a live birth, and more detailed statistical analysis demonstrated a live birth rate of over 50%, adjusting for those who had discontinued treatment prematurely. In addition, the study showed a twin pregnancy rate of just over 4% and no increased incidence of prematurity and low birth weight. Many other types of infertility treatment have much higher rates of twins or triplets and premature babies.

Professor Joseph Stanford, the paper’s primary author, claims “This is a landmark publication for NPT and will help to overcome the current information deficit where many GPs and Obstetricians are not aware of NPT, because of a lack of published studies. Now physicians can inform themselves of this treatment approach and hopefully recommend it to their patients.”

This research was published with the help of the International Institute for Restorative Reproductive Medicine (www.iirm.org) and is a landmark publication for NPT. Follow-up research is in process in multiple centres internationally including Ireland, UK, Canada, USA and Australia.

For more information on **NaProTechnology** contact:

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